

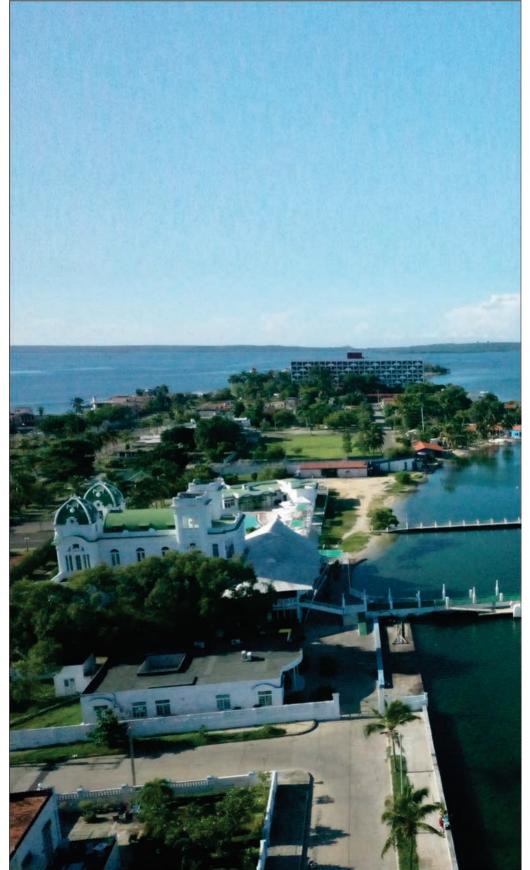


CIENFUEGOS

Distancias en kms hasta / Distances in kms to / Distance en km jusqu'á

La Habana	234
Girón	79
Trinidad	82
Villa Clara	81
Aguada de Pasajeros	58
Lajas	38
Cumanayagua	30
El Nicho	50
Laguna de Guanaroca	13
Castillo de Jagua	35
Jardín Botánico	18
Playa Rancho Luna	18
Yaguanabo	55







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Welcome to CIENFUEGOS



Known as the Pearl of the South, Cienfuegos has a privileged position in the southern center of Cuba, with excellent conditions for the arrival of visitors by different routes: air, sea and land. It extends over an area of 4 188.61 km2 and with a current population of 406 847 inhabitants.

This city breathes a remarkable French influence and the longest Paseo del

Prado on the island. Its historical center and the Punta Gorda protection zone, since 2005, hold the status of Cultural Heritage of Mankind.

Jagua Bay, one of its great treasures, is ideal for the practice of nautical activities. Those who like diving will find the largest coral formation in the Caribbean, called Notre Dame, because of its similarity to the French



cathedral.

Nature lovers can find, among other attractions, the mineral-thermal waters in Ciego Montero, El Nicho with its waterfalls and springfalls, the Martín Infierno cave, where you can find the largest stalagmite of the world. The Rancho Luna, Yaguanabo and Playa Ingles beaches, as well as the oldest Botanical Garden in Cuba and

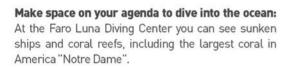
the Guanaroca Lagoon, ideal place for bird watching, especially pink flamingos.

These is just a mention of the several pleasures you will find in the city of the sea, the place where the most important Cuban popular musician of all time was born, Benny Moré, who will undoubtedly seduce you to buy a return ticket, enjoy it then!

WHAT TO DO IN CIENFUEGOS?

Walking through the Paseo del Prado: The longest of its kind in Cuba, surrounded by interesting buildings examples of Mudejar, Venetian, Gothic, Baroque and Byzantine styles. It is impossible to visit Cienfuegos without taking a photo by Benny Moré bronze sculpture that immortalizes the "Master of Rhythm".

Boat trip on the Bay of Jagua: Exclusive panoramic views of the city, keys and sea birds. Tour that ends in the Fortress Nuestra Señora de Los Angeles de Jagua, built in 1745 to protect the city from the corsairs and pirates attack.



Go Shopping on Santa Isabel Boulevard: Pedestrian street, ideal for buying souvenirs, surrounded by several galleries, shops, bars and restaurants, suitable for relieving the sun and heat with a snack.

Sunset at the Cienfuegos Yacht Club: Here you can enjoy of the best sunset view as you pass through the city. Drink the "Bicentenario Cocktail", it was made in honor to the two hundred anniversary of the Pearl of the South, as well as take classes to easily learn to dance salsa.











To Eat Paella Cienfueguera: Dish that contains: rice, cooked with other ingredients such as fish, seafood, poultry, meat, and vegetables.



Visit to the El Nicho Natural Park: Paradise place where flora, fauna, natural pools and picturesque farmer villages are combined.



Do not forget to make an excursion to the Guanaroca Lagoon: Boat trip to observe the Pink Flamingos.



Tour to the José Martí Park: The Foundational Center of the city, also called some years ago: The Weapons Square, the place you cannot miss if you want to summarize in one image what Cienfuegos it is today and what it was yesterday.



Eat Flour with Jaiba (Kind of Crab): Masses of crab in Creole sauce with tender cornmeal, typical dish of the fishing village "El Castillo de Jagua"...



To Take a Bicitaxi to go through the Malecón [Seewall]: Identity element of Cienfuegos, host of aquatic events.





PLACES OF INTEREST



Parque José Martí. From Calle 25 to 29 between 54 and 56 Av.

On April 22, 1819, Don Luis de Clouet and a group of French founded the colony Fernandina de Jagua, a rosette placed in the center of the park reminds this day. This square was one of the most important scenarios of the revolutionary events of September 5, 1957. In its surroundings you can visit the most important constructions in the cultural, administrative and religious order.



That is why the Culture Week is celebrated every year in April, where several activities take place throughout the city, especially around this park.



Boulevard San Fernando. From Calle 37 and 54 Av. till 54 Av. and Calle 29 .San Fernando Boulevard (54th Av.) is the main shopping street in the city. It owes its name to King Ferdinand VII, who was the monarch during the foundation.



Teatro Tomás Terry. Av. 56 between 27 and 29 Telephone:43513361 terry@azurina.cult.cu It is one of the main stages built in the Cuban 19th century. It was completed in 1889 and opened in February 1890. In the building, in addition to the architectural values. the artistic ones stand out, such as the paintings found on the ceiling and interior walls, the sculpture dedicated to Mr. Terry and the Venetian mosaics of the facade. The Latin American Monologue Festival is celebrated biennially in this theater.

To visit: Open every day: 10:00 a.m. at 6:00 p.m. Shows and presentations according to billboard.



Palacio de Blanco. 54 Av. between 33 and 35. Telephone: (43)555204lt is one of the most valuable examples of Cuban domestic constructions of the 19th century. This two-story corner house, was built in 1871 by the bourgeois José Quesada, it was finished when he died in 1878 by Manuel de Blanco. Nowdays it is the Cuban Association of Artisans and Artists of Cuba (ACAA) where you can find a great variety of souvenirs.

Casa del Fundador. Calle 29 and 54 Av. Telephone: (43)552134

Building where the founder of Colonia Fernandina de Jagua, Don Luis De Clouet, used to live. It was built in different stages in the first half of the 19th century. Actually is a craft and souvenir shop, also promotes the sale of Cuban cigars, rum and honey.

Boulevard Gallery. 54 Av. between 33 and 35. Telephone: [43]518307Nowdays this place promotes and sell the work of painters and artisans. Hours: 9:00 a.m. at 4:00 pm.

Colegio San Lorenzo and Santo Tomás. Av. 56 and calle 29

With an eclectic style, this building was finished in 1927. It was established the Santo Tomás and San Lorenzo Colleges for teaching different vocations for poor children in the city. It was the scene of the armed uprising of September 5th, 1957, that is why the current name of this Junior High School today: September 5th





El Arco de Triunfo. Calle 25 between 54 and 56 Av. The southern Arco de Triunfo, the only one of its kind in Cuba, was voluntarily built in 15 days by city workers.



Palacio Leblanc. Calle 31 between 52 and 54. Telephone: [43] 524677Inside, this cultural center exposes the model of the city, which contains the 90 hectares that make up the Historic Urban Center of Cienfuegos; Made at 1: 5 scale and through the colors exposes the construction times.

Maroya Gallery. Av. 54 between 25 and 27. Telephone: (43)551208. E-mail: ariel@cfg.fcbc.cu . Web: www.fcbc.cu/es/filiales/5

The old house of the Diaz de Tuesta, is one of the constructions that keeps in its physical integrity the structure of the colonial houses, such as in ceilings, windows and walls. Actually this place promotes and sell the work of Cuban artisans. Hours: 9:00 a.m. at 4:00 pm.

Palacio de Ferrer. Calle 25 and 54 Av.
Valuable building of eclectic construction built in 1818 by the Ferrer family, currently on its ground floor is the House of Culture where children and young people develop their artistic talent every day. On the upper floor is the Museum of Arts, the ideal place to learn about local culture and from its terrace you can take the best views of the city.
Hours: Monday to Saturday:
10:00 a.m. to 5:30 p.m. Sundays:
9:00 a.m. to 1:00 p.m.





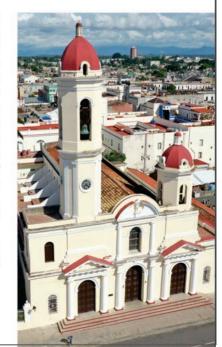
Museo Provincial (Antiquo Casino Español). Av. 54 and calle 27. Telephone: [43]519722. Facebook. @Museo Provincial de Cienfuegos.Old Spanish Casino, was built in 1894 for the use of the different groups of Hispanic immigrants and their descendants. Its purposes were instruction. recreation and promotion of the Spanish Culture. Since the 90's it works as the Provincial Museum. It is very interesting the table belonging to the Acisclo del Valle family, the only one of its kind in Cuba. it stands out for its work in different kind of marble. Open: Monday to Saturday: 10:00 a.m. to 6:00 p.m.

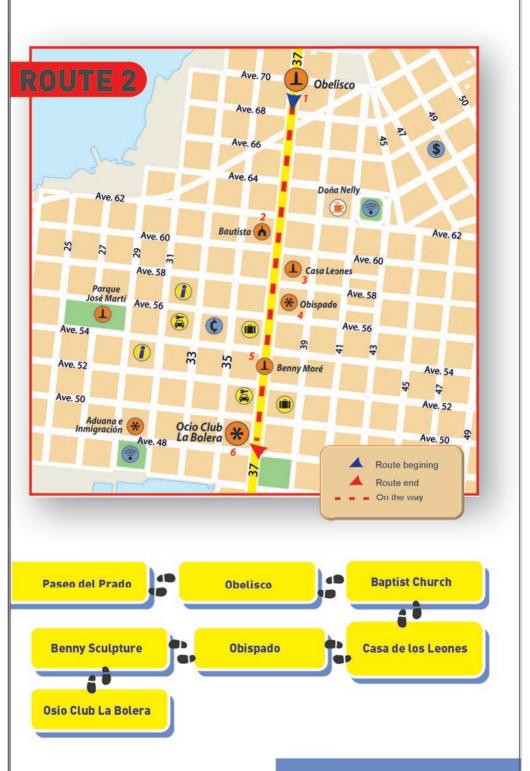
Palacio de Gobierno. Av. 54 and calle 29.

Since it was finished in 1950, the Government Palace has distinguished the city skyline with its dome. It has been the scene of differents historical, political, social and cultural events in the city, first as Municipal Government and since 1976 as the seat of the Provincial Assembly of the Popular Power of Cienfuegos.

Catedral Nuestra Señora Purísima Concepción. Calle 29 and 56 Av. E-mail: catedral@obicienfuegos.co.cult is considered one of the oldest buildings in the city, it was finished in 1869. This temple stands out for its architectural and artistic values such as stained glass windows made in Paris which occupy the upper windows representing the twelve apostles, as well as the set of nine bells, three of which are connected to a magnificent French clock that marks times every quarter of an hour. From its origin this temple was dedicated to the Purísima Concepción, patron of the Diocese of Cienfuegos, whose festivity is celebrated every December 8th

Mass Hours: Monday to Friday: 7:15 a.m. Saturdays: 3:00 p.m and 8:00 p.m. Sundays: 9:00 a.m









Paseo del Prado. Calle 37, from 72 Av. to 40 Av.In it you can see all the life of the city; It is the dividing axis between the old Cienfuegos and the most modern sectors. It begins at the entrance of the city and extends to where the seewall (Malecón) begins.

Casa de los Leones. Calle 37 between 58 and 60 Av. Known as the Casa de los Leones by the two iron figures in neoclassical style. From its portal you have interesting perspectives of the Paseo del Prado.



Obispado. Calle 37 and 56 Av. Telephone: [43]515657It is a significant example of religious architecture in Cienfuegos, unique in the province for its function as well as its inner and outer decoration.

Benny Moré Sculpture. Calle 37 and 54 Av.

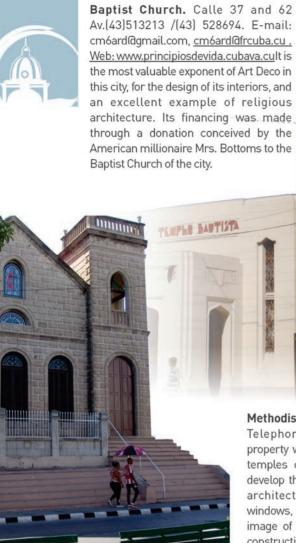
El Benny was an emblematic figure of Cuban music, He was born in Santa Isabel de las Lajas, a municipality belonging to our province. Immortalized as the Master of the Rhythm by the unique sound of his musical compositions. Perhaps the fact of being self-taught has magnified the myth, because, until today it is a mystery how he was able to direct, compose and interpret without having studied music. The sculpture allows interaction with the public and people confer spiritual properties to his cane, which they touch and make wishes.

Teatro Guiñol. Calle 37 Nr 5416 between 54 and 56 Av. Eclectic-style property, it first functioned as Farmacia Rubín, later the headquarters of the city's Radio Station. In 1973 the station moves and the building becomes the Headquarters of the Teatro Guiñol, nowdays, every weekend the children of the city can enjoy theater plays where the main actors are puppets.

54 rst he In ng tro ren the

Provincial Library Roberto García Valdés. Calle 37 and 58. Nr 5615. Telephone: [43]525457 / 43526331, E-mail: biblioteca@azurina.cult.cuThe Society of the "Liceo de Cienfuegos", built this elegant building in 1921. Since 1976, it hosts the Provincial Library which has a large bibliographic and documentary collections.





Methodist Church. Calle 37 and 58 Av. Telephone: [43]517741Eclectic corner property with influence of the homonymous temples of North America. Systematically develop the Methodist cult. It has important architectural structures, stained glass windows, eclectic furniture and typifies the image of the city for the uniqueness of its construction.

Ocio Club La Bolera. Calle 37 and 48 Av. Telephone: [43]551379. E-mail: tecnico3.cafet@cienf.palmares.cu. It was the first power plant in the city, began to serve on March 21, 1882. Today you can find several game rooms. Open every day. From 10.00am to 10.00pm.







Boulevard de Santa Isabel. . Calle 29 from 54 Av. until 46 Avenue.

In order to give the visitors a space of union between the Marti Park and the Royal Dock (Muelle Real), Santa Isabel Boulevard (29th Street) was closed to vehicular traffic. The visitor can enjoy the work of local artisans as well as the Cuban life in all its splendor.

Plazuela de la Juventud. 46 Av. and Calle 29.

Recreation and WI- FI park. It has a gazebo, space for artistic presentations, benches and a balustrade that allows you to peek into the sea.

Muelle Real. Av. 46 and Calle 29

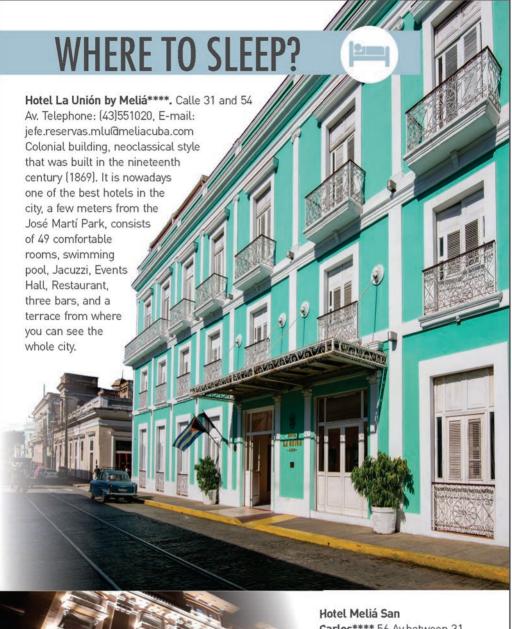
By 1848, the Real Junta de Fomento proposed the construction of another pier along the Santa Isabel Street line (29th Street) to ease the incipient development of the region with a privileged route, linking the area of the docks and warehouses with the Plaza principal. It is one of the busiest places in the city for the beauty of its marine environment, and a space for social and cultural activities. Headquarters of the alternative music festival "Ciudad del Mar" and the Trova Festival "Al Sur de Mi Mochila" in July and April of each year respectively. As well as Rockasol in September.



Parque de la Aduana - Edificio de la Aduana Independiente de Cienfuegos. 46 Av. Nr 2901 between 29 and 31

It is named for being located in front of the Cienfuegos Independent Customs building, a magnificent example of the neoclassical in our city. This space takes a privilege place for its panoramic views to and from the bay.

By 1825, Fernandina de Jagua established its port and in 1830 moved Customs Office to its current place. In 1841 the construction of this building begins, it was finished in 1842, becoming the second one in the country after the Capital.





Carlos****.56 Av.between 31 and 33. Telephone: (43)875100, E-mail:

jefe.reservas.mlu@meliacuba.c

Built in 1924 and located in the heart of the Historical Center. It has high standard rooms, the best are the panoramic views from its famous Roof Garden.

WHERE TO EAT?



Bar-Cafeteria El Palatino.

54 Av. between 25 and 27. Telephone: [43]551244, E-mail: tecnico3.cafet@cienf.palmares.cugastronomic institution works until today. Its portal is an ideal space for visitors to taste a tasty mojito, while you can listen to a good Cuban Son with a view to the José Martí Park. Hours: Every day from 9:00 a.m. to 10:00 p.m.



Restaurant El Mandarín. Calle 37 and 60 Av. Telephone: (43)517490Property that hosted the Cienfuegos Chinese Association, nowadays works as a Restaurant specialized in Chinese food. Every day: 11:00 a.m. to 10:00 p.m

Cafe Cubita. 56 Av. Between 33 and 35. Telephone: (43)551619 Coffee specialty. Open 24 hours

Cafe Paulina. 56 Av. and 29. Telephone: [43]525231. F-mail:

econ.cafet@cienf.palmares.cuSpace dedicated to Paulina Alvarez singer, known in the world of music as the Empress of the Danzonete. The property dates from 1900 and was remodeled for the 200th anniversary of the foundation of the city in 2019. Located in a privileged corner of the José Martí Park, from where you can see the entire square while enjoying live Cuban music, a tasty coffee and other delicacies. Hours: Every day from 10:00 a.m. to 2:00 a.m.



Pizzeria Gioventu. Calle 37 between 52 and 54. Telephone: (43)516494 Economical Restaurant located in the heart of the Cienfueguero Promenade.

Bar Restaurant La Lonja. Calle 29 between 48 and 50. Telephone: [43]511115. E-mail:lalonjacfgoscuba@nauta.cu
On the way to the Muelle Real, in an enjoyable atmosphere you can enjoy an exquisite Cuban food and the picturesque atmosphere of Santa Isabel Boulevard. Every day: 11:00 a.m. to 11:00 p.m

Italian food. Restaurant Dinos Pizza. Calle 31 between 54 and 56. Telephone: [43]552020, 43525808. E-mail: econ.cafet@cienf.palmares.cu.
Formerly this building worked as Cafeteria El Naranjito (1921), specialized in fruit juice. Nowdays is an economical restaurant located in the heart of the Historical Center. Speciality: lasagna and pizza. Open every day: Lunch: 12:00m to 3:00 p.m. Dinner: 6:30 p.m. at 10:00 p.m

Dulcinea. 37 y 52. [Bakery] Calle 37 between 52 and 54. Telephone: [43]551116 Ideal place to taste delicious sweets, sandwiches and refreshing drinks. Open every day: 10:00 a.m. to 10:00 p.m









Restaurant El Pollito. Calle 37 and 56 Av. Telephone: (43)513523

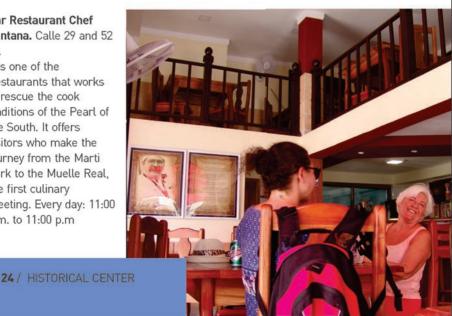
José María Avilés y Dorticós Family House, representative of the neoclassical style of the city, built in 1863. Today is the restaurant "El Pollito". Every day: 11:00 a.m. to 10:00 p.m.

Cafeteria San Carlos. Calle 37 and 56 Av. Telephone: (43)551105. E-mail: tecnico3.cafet@cienf.palmares.cu

Just in the Prado (Calle 37) you will find a gastronomic offer with cheap prices and good service. Breakfast service is also offered. Hours: Every day from 8:00 a.m. to 8:00 p.m.

Bar Restaurant Chef Santana, Calle 29 and 52 Av.

It is one of the Restaurants that works to rescue the cook traditions of the Pearl of the South. It offers visitors who make the journey from the Marti Park to the Muelle Real, the first culinary greeting. Every day: 11:00 a.m. to 11:00 p.m



LIVE MUSIC





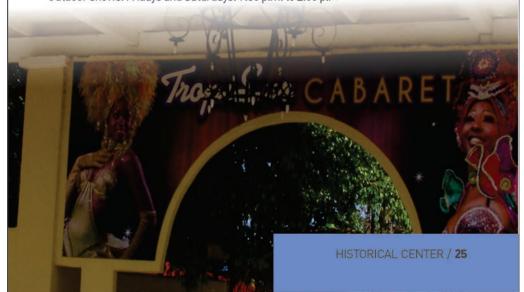
Centro Cultural de las Artes Benny Moré.

56 Av Nr 2511 between 25 and 27. Telephone: [43]556676/ [43]556673. E-mail. festival@azurina.cult.cu

Venue of the Popular Cuban Music Benny Moré Festival. Open every day from 11:00 a.m. to 11:00 p.m. Live music from 5:00 p.m. to 7:00 p.m. Wednesday: 10:00 p.m. Sundays: 11:00a.m

Cafe Teatro Terry. 56 Av.between 27 and 29. Telephone: (43)510770 Open every day: 10:30 a.m. at 1:00 a.m. Outdoor shows accompanied by live Cuban mus c with local talents.

Cabaret Tropisur. Calle 37 and 48 Av. Telephone: [43]525488. Outdoor shows. Fridays and Saturdays: 9:30 p.m. to 2:00 p.m.



PUNTA GORDA



PLACES OF INTEREST





Emisora Local Radio Ciudad del Mar. Calle 37 and 36 Av. Telephone: (43)513094 Eclectic construction of concrete and masonry, for many years it worked as Cienfuegos Clinic, since 1990 the only radio station in the country across from the sea.

Parque de las Esculturas. Calle 37 and 6 Av.

The sculptures were made by 17 artists, from different generations, as well as from different parts of the country. The materials used in the sculptures are also varied: stone, granite, concrete, steel, shaped metals, scrap pieces and cement.

Marina Marlin Cienfuegos. Calle 35 between 6 and 8 Av. Telephone: (43)661354

Web: https://www.cubanautica.travel/es/marinas-turisticas/marlin-marina-cienfuegos

From here different boat trips around the bay are offered, among the most popular is the trip to enjoy the sunset, an unforgettable show and for those who like history we recommend to visit the Nuestra Señora de los Angeles de Jagua fortress, located in the



Palacio de Valle. Calle 37 and 0. Telephone: [43]661446

One of the symbols of the city and product of the wealth of its time. In 1917, the property was built under the ownership of Acisclo del Valle. It was designed by the architect Pablo Donato Carbonell and its construction was directed by the Italian civil engineer Alfredo Colli Fanconetti, where French, Italian, Arabian and Cuban artisans worked with materials imported from Spain, Italy and the United States. The property has three levels, a basement. and three towers at the top: one. Roman Gothic, another Indian and the third one, an Arabic style minaret, their meaning are the symbols of love, religion and strength, respectively. Today it is the most luxurious restaurant in the city, but you can visit the place every day from 10:00 a.m. to 10:00 p.m. Price: 4.00cuc per person, includes a Cuban cocktail



Club Cienfuegos. Calle 35 between Litoral and 0 Av. Telephone: [43]661466.

The Cienfuegos Yacht Club, is one of the most beautiful eclectic buildings in the city. Since 1920, it has witnessed the nautical and marine life of the city. The best of this place: the sunset from the terrace, always with live music.



Zona de La Punta. Calle 35 / Litoral y Av. 0. Known as "the Punta" in Punta Gorda, located at the southern end of the city, since the second half of the nineteenth century it became mainly in a summer area, although prestigious families of the time also resided permanently. It stands out for the formal typology of its buildings, with American and Caribbean influence and the Cuban vernacular seal, of one and two levels in wood.

WHERE TO SLEEP?



Villa Palacio Azul by Meliá****. Calle 37 between 12 and 14. Telephone: [43] 661446. E-mail reservas1.ija@meliacuba.com. Web: www.meliacuba.com Elegant palace with view to the sea, it is distinguished by the variety of different mosaics on the floors, valuable mahogany doors and the bars are the original one, the staircase that ascends to the \$\displace\$econd level, it made of Carrara marble.

The kitchen conserves its original extractor. It has 7 rooms and each one with flowers name.

Villa Perla del Mar by Meliá****. Calle 37 and 2 Av. Telephone: (43)661446. E-mail reservas1.ija@meliacuba.com. Web:

www.meliacuba.com<u>reservas1.ija@meliacuba.com. Web. www.meliacuba.com.</u> It has huge rooms, a viewpoint with access through a spiral staircase located in one of its spacious terraces, also two jacuzzi, besides parking and gardens.





Calle 37 between 0 and 2 Av. Telephone: [43]661446. E-mail reservas1.ija@meliacuba.com. Web: www.meliacuba.com

Located in front of the Hotel Jagua, this unique building was built in the twenties of the last century. Its huge standard rooms are decorated with colonial-style furniture and in the common spaces stands out the typical decoration of Art Nouveau and Art Deco.

Hotel Jagua by Meliá****.

Calle 37 between 0 and 2 Av. Teléfono: [43]661446. E-mail reservas1.ija@meliacuba.com. Web: www.meliacuba.com

Comfortable and contemporary hotel located in the area of Punta Gorda, next to the beautiful bay of Cienfuegos and only five minutes from the Historical Center . The hotel has an event area, swimming pool, gym and souvenir shops.





El Rápido del malecón. Calle 37 and 22 Av. Fast food. Open 24 hours.

Dino's Plaza. Calle 37 and 36 Av. Telephone: [43]555520 It is located in the surroundings of the Acts Square. Restaurant specialized in Italian and fast food. Open every day: 11:00 a.m. - 10:30 pm.

Palacio de Valle. Calle 37 and 0 Av. Telephone: (43) 661446

One of the most luxurious restaurants in the city, we suggest you do not miss this place without trying the exquisite Fish Fillet Puesta de Sol, the specialty of the house. Open every day from 12 m to 10 p.m.

On the ground floor of this Palace is the Bodegón de Valle, famous for its wine cellar. Open every day from 10:00 a.m. until 8:00 p.m





Restaurant Cafe Cienfuegos. Calle 37 between 8 and 12 Av. Punta Gorda. (Cienfuegos Club)

Telephone: (43) 661466

Located on the second floor of the Cienfuegos Club, from which you can contemplate the calm waters of the beautiful Bay of Jagua and you can taste most of the dishes when about seafood is spoken, among them, the highlights are for the exquisite and typical paella cienfueguera and the fish fillet. Open every day from 6:30 p.m. -10:00 p.m



LIVE MUSIC



Club Cienfuegos Terrace.

Calle 37 between 8 and 12 Av. Telephone: [43]661466. Enjoy the wonderful sunsets on the terrace and Salsa lessons.

Cubanísmo de Artex.

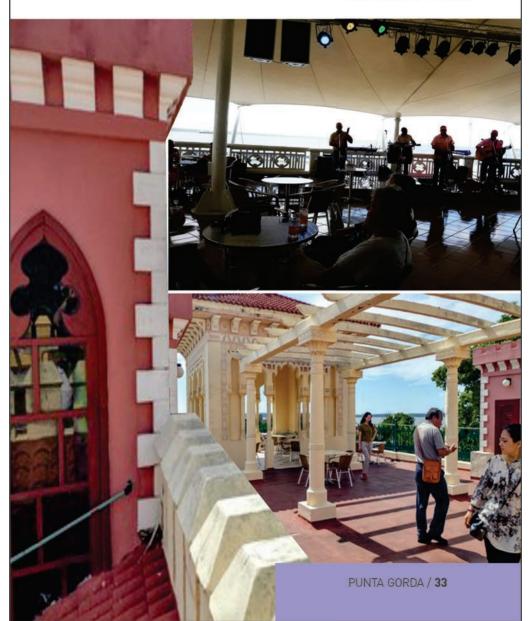
Calle 35 between 16 and 18 Av. Telephone: (43)661521. Web: www.artexsa.com.

Shows and Live Music. Time: 11:00 p.m

Palacio de Valle Terrace.

Calle 37 and 0 Av. Punta Gorda. Telephone: [43]661446.

Enjoy the view from this terrace and traditional From Tuesday to Sunday: Cuban music while drinking your favorite Cuban cocktail. Every day live music from 5:00 -7:00 p.m



OTHER INTERESTING PLACES



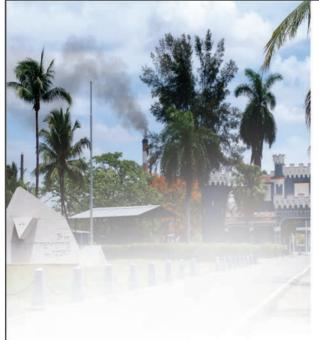
PLACES OF INTEREST



Museo Histórico Naval



Muelle Real (Piña Colada. Grill Bar)



Distrito Naval del Sur Cayo Loco (Museo Histórico Naval). 60 Av. and calle 21. Teléfono: [43]519143

Owned by various settlers, in 1865 the Spanish Navy is interested in it and decides to move its command, based in Trinidad, to settle in our bay, due to its natural characteristics. It was one of the main scenaries of the popular uprising of September 5, 1957Nowdays it is the Museo Histórico Naval, since 1980. Declared National Monument on August 31, 1987.

Cementerio Tomás Acea. Av. 5 de septiembre Km 31.5. Teléfono: [43]525257.

It owes its name to one of the most important families in the region. It was built in 1926. It is the only garden - cemetery of its kind in Cuba. Because of its artistic, architectural, historical and environmental values, it was declared a National Monument in 1986.

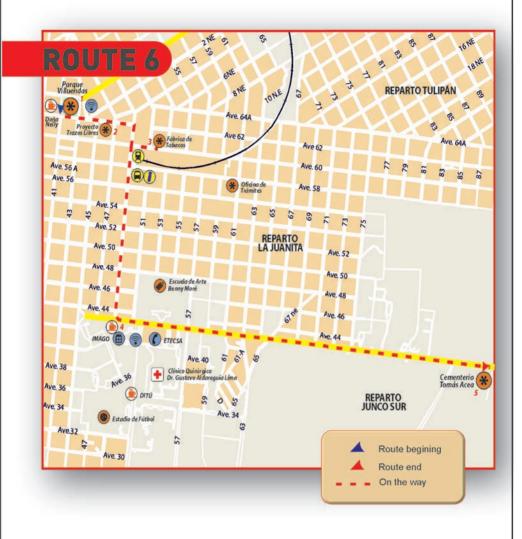
Cementerio de Reina. Calle 7 between 50 and 52 Av.

The General Cemetery or Reina Cemetery was built in 1839, it is unique in Cuba; precisely because of the structure of its main courtyard where bodies are interred above ground (in the walls).In the graves

you can find mortuary dates that

date back to the 1830s. Declared a national monument on January 30th.







Fábrica de Tabaco Anastacio Cárdenas. Av. 60 between 51 and 53

Since 1917 existed here the old cigars and matches factory Cienfuegos Industrial S.A Since 1919 until the 40th it was manufactured the Villareña and Doreya Cigars. Nowdays it is a cigars factory and you can enjoy the good art of making this exquisite product.



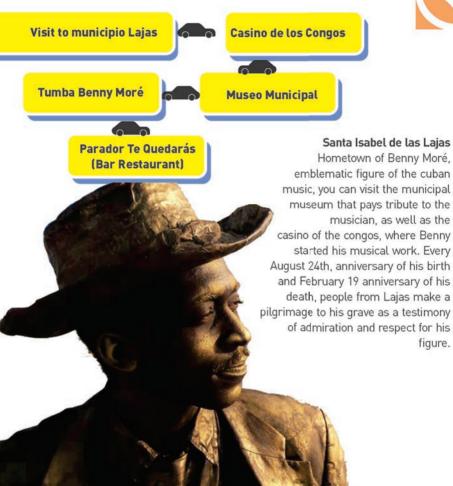
Project Trazos Libres. Calle 62 between 45 and 47. E-mail: santiagotrazoslibres@gmail.com

Cultural Project that promotes art, involving the visitors, as well as elements of Afro-descendant culture. Revitalize historical and heritage values through music, dances, painting, sculptures, engraving and photographs.



ROUTE 7





Palmira

13 km from the city of Cienfuegos is the municipality of Palmira, a town with deep Afro-Cuban roots

WHERE TO EAT?



La Taberna. Calle 43 y 62. Beer and light food. Open every day: 10:00 a.m.-10:00 p.m.

Cafeteria Imago. Coffee Shop. Av. 5 de Septiembre between 49 and 51.

Open every day, 24 Hours

Doña Nelly. 62 Av. and calle 41. Telephone: [43] 552327. Specialty: Bakery .Open every day: 10:00 a.m.-10: 00 p.m.



Te Quedarás.

Autopista km 232 Breakfast, lunch and dinner. Open every day 24 hours.



NATURAL ATTRACTIONS



PLACES OF INTEREST



Botanical Garden. Km 15, Circuito Sur, Pepito Tey. Telephone: (43)545334. Facebook. (Gjardin botánico de Cienfuegos. It has one of the most complete palm collections of the continent and more than 1417 species of remarkable botanical interest, many of them exotic. Declared a National Monument in 1985. Prize for the Conservation of Cuban Heritage in 2005.



Jovero Verde, Carretera a El Nicho.

Local development project, includes cultural events such as theater, music, fine arts, crafts and dance. In the place there are paintings on the walls made by, Zaida del Río, Kamil, Nelson Domínguez, and the children of these artists, in addition there is a workshop-galery from Nelson Domínguez too.

Macizo de Guamuhaya (Guamuhaya Mountains). Cumanayagua Municipality

It is the most important mountains group in the center of Cuba and it is characterized by steep peaks and deep valleys, the endemism of the flora and fauna, waterfalls and pools, and the coffee plantations that adorn these landscapes. The economy of the area is based on coffee production, tobacco and citrus plantation, forestry as well as animal breeding.

Natural Park, El Nicho. Cumanayagua Municipality. Ideal place for swimming in natural pools and waterfalls, as well as for the practice of ecotourism, hiking, bird watching and wildlife in general.

You can also enjoy a varied gastronomic offer with regional meals, typical products of the area and a carefuly service at Los Helechos Restaurant





Guajimico (Snorkeling or diving and hiking with guide)

Hacienda La Vega (Creole Lunch)



Guajimico. Carretera a Trinidad Km 42. Telephone: (43)420646. Facebook: @Villa Internacional Guajimico.

rea of great variety of local flora nd fauna, exceptional place for iving because of the beauty of its narine landscapes.

Hacienda La Vega. Telephone: [43]420646. Carretera a Trinidad Km. 50, Cumanayagua Ideal place to learn about the life of the typical cuban farmer. In this farm you can taste the Creole cheese, as well as horseback riding to learn about our flora and fauna. At the end of this tour you will have the chance to enjoy a refreshing bath in small beach called: Caleta de Castro.

Playa Fría and Playa El Inglés. Carretera a Trinidad Km 53

These beaches belong to Cumanayagua municipality, located on the road to Trinidad, they are considered the best beaches of the coast area between Cienfuegos and Trinidad where you can find corals and a great diversity in fauna.

Playa Yaguanabo. Carretera a Trinidad Km 55t the villa of the same name which is a cozy installation with small and comfortable bungalows, protected by a prolific vegetation and there is a perfect combination between the river and the ocean.



Bahía de Jagua (Cienfuegos Bay)

Jagua Bay, visited by Christopher Columbus in 1494, is one of the most beautiful calm bays in the country. Accessible from all the cardinal points, it is remarkable because of its depth, protection and the commercial conditions of its port. It is an interesting attraction for the development of nautical activities.



The boat trips are an element within the destination offers and are materialized through the Marina Marlin located on 35/6 and 8 avenue. Punta Gorda.



Dolphinarium. Carretera a Pasacaballo Km 17. Telephone: [43]548120.Facebook: Palmares Promo. It is opened everyday but Wednesdays. Shows and Swimming: 10:00 a.m. and 2:00 p.m.

Playa Rancho Luna. Carretera a Rancho Luna Km 18

An ideal place for those who love the Caribbean Sea and sun, just 20 minutes from the center of Cienfuegos, surrounded by abundant vegetation and gastronomic offerings.



Guanaroca Lagoon. Carretera a Rancho Luna Km 13.5. Telephone: [43]548019 Protected area where there are important floristic and fauna values where you can watch different species of birds, specially the pink flamingo.



Playa Rancho Luna



Dolphinarium (show and swimming with dolphins)

Guanaroca Lagoon (Hiking, boat ride to watch pink flamingos)

Scuba diving Areas

In the area there is a safe diving all year round due to its meteorological and oceanographic conditions, with great clearness, provided by the Gulf Stream, that is why the visibility is very advantageous.

The water temperature is generally high (between 24 and 30 degrees Celsius), with very few cold days (between 14 and 17 degrees Celsius), in the December-February season.

Faro Luna Diving Center. Carretera a Pasacaballo Km 18. Telephone: (43)548040. Facebook: Centro de Buceo Faro Luna. Diving and Snorkeling Schedule: Every day at 9:00a.m and 11:00a.m

It is located 18 km from Cienfuegos City, here diving is practiced in more than 40 sites, which are characterized by the diversity of its attractions: sunken ships, corals, vertical walls, tunnels, among others. Recommended dives: Camaronero I and III, Notre Dame, Labyrinth and La Corona.

Guajimico Diving Center. It is located on the road that connects our city with Trinidad, in a natural environment, attractive forests, caves and small hidden beaches. Its seabed is characterized by the presence of walls, tunnels, massive corals, sea fans and tropical fish. Recommended dives: La Poza, Boca naranjo, Boca Ambuila, Gunábana, La Ceiba, Farallón, Real, Dama azul and Paraíso.



Snorkeling in the coral reef is another of the activities to be carried out in the diving area, which includes: navigation to the barrier, life jackets, snorkeling set, snorkeling guide, water, sanitary services, showers and an instructor of nautical activities as a guide for carrying out the activity. Snorkeling time [1 hour in the sea] and return to the Diving Center.



AMUSEMENT PARK

Amusement Park. Amanecer Feliz. 16 Av. and calle 45. Telephone: (43)518636

Located near the Laguna del Cura, an ideal place for children to enjoy.





Water Park. Carretera a Pasacaballo Km 17. Telephone: [43]548120. Facebook: Palmares Promo

Located in the facilities of the Dolphinarium in Rancho Luna, with capacity for 120 people and the only one of its kind in the country. It is an excellent recreational option for children. It has the necessary protection devices, so that customers have a safe stay in their facilities. Every day but Wednesdays. Hours 8.30am to 4.00pm.



13

Water Park



Visit to Nuestra Señora de los Angeles de Jagua Fortress



Nuestra Señora de los Ángeles de Jagua Fortress. Comunidad Castillo de Jagua. Telephone: (43)965402

Declared National Monument. It was built in 1745, by the military engineer José Tantete, who erected this solid stone construction, with a cubic structure, two levels and a drawbridge that still works, it is considered the oldest building in the province. During the 18th century it protected the city from corsair and pirates attacks. Since 1998 it works as a Museum, open every day from 9:00 a.m. at 5:00 p.m.



(14)

Boat Trips around the bay Nuestra Señora de los Ángeles de Jagua Fortress

WHERE TO SLEEP?





Hotel Rancho Luna***. Carretera a Rancho Luna Km 17 1/2. Telephone: (43)874100. Email: comercial@ranluna.cfg.tur.cu

Located on Rancho Luna Beach, suitable for those who prefer to enjoy diving, because its coastline keeps attractive coral formations and a beautiful seascape.

Hotel Faro Luna*.** Carretera a Rancho Luna Km 171/2. Telephone: (43)874700. Email: comercial@ranluna.cfg.tur.cu

It is located on Rancho Luna Beach. Its marine environment is appropriate for diving. Suitable for family with children, especially if they like to share with dolphins, because just a few meters from this hotel you can visit is the dolphinarium.









Hotel Pasacaballo***. Carretera a Pasacaballo, Km 22 1/2. Telephone: [43] 592100/[43]592822 .Email: comercial@comazul.cfg.tur.cu/jcarpet a@pasacaballos.cfg.tur.cu/director@pasacaballos.cfg.tur.cu.

Just at the entrance of the bay of Jagua you will find this hotel, it has all the facilities for a pleasant stay in a natural environment.

Villa Yaguanabo*** .Carretera a Trinidad, Km 55. Telephone: [43]420670/(43)420669

Email: comercial@comazul.cfg.tur.cu / jcarpeta@yaguanabo.co.cu

This hotel is right next to the beach with lush vegetation, suitable for those who like to enjoy nature.

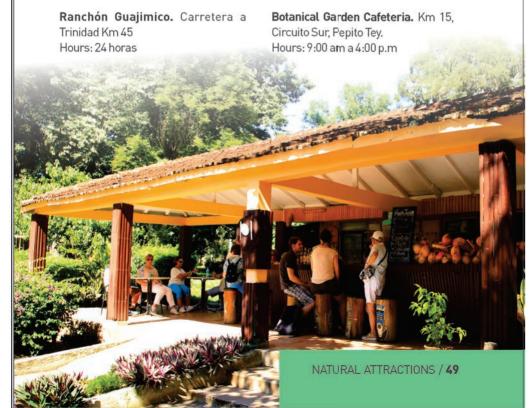
Villa Guajimico. Carretera a Trinidad, Km 42. Telephone: (43)420646. Email: comercialvg@cfg.guajimico.tur.cu Web. www.campismopopular.cu Comfortable Villa for those who like diving and exuberant nature.



Los Helechos Restaurant.

El Nicho.

E-mail.dtor.cumay@cienf.palmares.cu. FB:www.facebook.com/palmarespromo Hours: 9.00am a 3.00pm



USEFUL INFORMATION



TRAVEL AGENCIES

These agencies have the mission to offer integral tourism products and services, guaranteeing quality, safety and professionalism, with an advantageous relation: quality-price.

Cubanacán Boulevard



Address: 54 Av. Nr 2903 between 29 and 31 Telephone: (43)551680 Hours: 8.00 am - 5.00 pm

Cubanacán Prado

Address: 37 Nr 5022 between

50 and 52

Telephone: (43)551677 Hours: 8.00 am - 5.00 pm

Cubanacán Hotel Rancho Luna

Address: Carretera a Rancho

Luna km 17 1/2

Telephone: (43)548038 Hours: 8:00 a.m - 4:30 p.m

Havanatur Aeropuerto



Address: Km 3 Carretera a

Cauriau

Telephone: (43)552098

Havanatur Tour & Travel

Address: 54 Av. Nr 2906 between 29 and 31

Telephone: (43)511150 Hours: 8:00 am - 5:00 pm

Havanatur, Hotel Rancho Luna

Address: Carretera a Pasacaballo km 17½. Telephone: (43)548050

Hours: 8.00 am - 5.00 pm

Campismo



Address: 37 e/ 54 and 56, Cienfuegos, Cienfuegos Telephone: (43) 519345 Horario: 8.00 am - 5.00 pm

Ecotur



Address: Calle 37 between 48 Pand 50

Telephone: (43)517831 Hours: 8.00 am - 5.00 pm

Paradiso



Address: 54 Av. Nr 3501

between 33 y 35 Telephone: (43)511879 Hours: 8.00 am - 5.00 pm

Buró de ventas (Gaviota)



Address: 54 Av. Nr 3112 between 31 and 33

Telephone: (43)518308

Hours: From Monday to Saturday.Hours: 9.00 am - 5.00 pm

Cubatur

Address: Calle 37 between 54

and 56

Telephone: (43)521242 Hours: 8:00 a.m. - 5:00 p.m

Islazul



Address: 56 Av. Nr 3117 between 31 and 33

Telephone: (43)518455 Hours: 8.00 am - 5.00 pm

CAR RENTAL



Rex

Address: Calle 35 between 20 and 22, Punta Gorda

Telephone: (43)552244



Vía (Transgaviota Punta Gorda.

Address: 10 Av. between 39 and

41

Telephone: (43)558619

Vía (Transgaviota)

Address: Carretera Caonao, Km

31/2. Aeropuerto

Telephone: (43)524289



Ranchón La Aguada

Address: Nacional Highway, Km 172, Aguada de Pasajeros,

Cienfuegos

Telephone: (43)562441

Havanautos Punta Gorda

Address: Calle 37 between 16

and 18

Telephone: (43)661405



Centro de Negocios

Address: 50th Av. between 35

and 37

Telephone: (43)552166

Hotel La Unión By Meliá

Address: Calle 31 between 54

and 56 Av.

Telephone: (43)551645

Jaime González Airport

Address: Carretera a Caonao, Km 3, Aeropuerto Jaime

González

Telephone: (43)552047

Hotel Villa Casa Verde

Address: Calle 37 between 0

and 2, Punta Gorda Telephone: (43)552014

VIAZUL BUS STATION

Address: Calle 49 between 56 and 58

Telephone: (43)518114

JAIME GONZÁLEZ AIRPORT

Address: Carretera de Caonao, Km 3, Cienfuegos

Telephone: (43)552047

CUBANA DE AVIACIÓN OFFICE

Address: 50 Av. between 35 and 37, Centro de Negocios

Telephone: (43)528048



TOURIST TRAIN ROUTE



Cadeca

Address: 56 Avenue between 33 and 35

Telephone: (43)552221

Hours: Open every day from 8:30 a.m. to

4:00 p.m.

Saturdays: from 8:30 a.m. to 12:00 m.

Cadeca

Address: 64 Avenue and calle 59

Telephone: (43)552164.

Hours: Open every day from 8:30 a.m.

to 4:00 p.m.

Saturdays from 8:30 a.m. to 12:00 m.

Cadeca

Address: Calle 39 between 12 and 14,

Punta Gorda

Telephone: (43)661518.

Hours: Open Monday to Friday from

8:30 a.m. to 3:00 p.m.

Saturdays: From 8:30a.m - 12:00m

Cajeros Automaticos

- Calle 35 Nr 5603 between 56 and 58, Cienfuegos

- Calle 33 between 54 and 56, Cienfuegos
- Calle 31 between 56 and 58, Cienfuegos
- Calle 31 between 50 and 52, Cienfuegos
- Av. 64 between 49 and 51, Cienfuegos

Banco Financiero Internacional (BFI)

Address: Av. 54 esq. a 29

Telephone: (43) 551625.

Hours: Open from 9:00 a.m. to 3:30 p.m.

From Monday to Friday

Banco Popular de Ahorro (BPA)

Address: Av. 54 between 31 and 33

Telephone: (43)517186

Hours: Open from 9:00 a.m. a 7:00 p.m.

From Monday to Saturday

Banco Popular de Ahorro (BPA)

Address: Calle 35 between 56 and 58

Telephone: (43)519024

Hours: Open from 9:00 a.m. to 3:00 p.m

From Monday to Friday

Banco Popular de Ahorro (BPA)

Address: Av. 64 between 47 and 49

Telephone: (43)518709

Hours: Open from 9:00 a.m. to 3:00 p.d

From Monday to Friday

Banco de Crédito y Comercio (BANDEC

Address: 56 Av. between 29 and 31

Telephone: (43)516535.

Hours: Open from 9:00 a.m. to 3:00 p.m.

From Monday to Friday.

HFAITH

International Clinic

Address: 10 Av. Nr 3705 between 37

and 39 Punta Gorda Telephone: [43]661622.

Hours: 24 hrs

Dental Clinic

Address: Calle 45 and Av. Cinco de

Septiembre Hours: 24 hrs

Telephone: (43)550546

Rancho Luna Hotel. (Nursing)

Carretera a Rancho Luna, Km. 17 1/2 24 hrs

Hotel La Union by Meliá (Stomatological clinic and Consultation)

Address: Calle 31 between 54 and 56

Telephone: (43)551020

Hours: Open from 8:30 a.m to 5:00 p.m.

Saturdays: 8:30 a.m to 12:00 m

Balneario Ciego Montero (Thermal waters)

Centro Médico Termal. Located at Ciego Montero Village, 12 km from Palmira

municipality. Cienfuegos Telephone: (43)542209

E-mail: comercial@smc.cfg.sld.cu

PHARMACIES

International Clinic, Address: 10 Av. Nr 3705 between 37 and 39 Punta Gorda

Hours: 8:00a.m - 8.00p.m. Telephone: (43)661622

Miramar Optics

Address:54 Av. between 35 and 37,

Cienfuegos.

Telephone: (43)551278.

Hours: From 8:30 a.m. to 4:30 p.m.

Hotel Rancho Luna.

Address: Carretera a Rancho Luna, Km.

17 1/2

Open from 8:00 a.m to 4:30 p.m.



ARTEX SHOPS



La Cultural

Address: 54 Av. and 37 Telephone: (43)510799

Hours: Open every day from 9:00

a.m. to 6:00 p.m.

Sundays: 9:00 a.m.- 12:00 pm.

Fondo de Bienes Culturales.

Maroya. Address: 54 Av. Nr 2506 between 25 and 27

Telephone: [43]511151

Hours: Open every day from 9:00

a.m. to 6:00 p.m.

Sundays: 9:00 a.m. to 1:00 p.m.

El Topacio

Address: 54 Av. between 35 and 37.

Telephone: (43)510799

Hours: Open from 9:00 a.m. to 6:00

p.m.

Sundays: 9:00 a.m.- 12:00 pm

Tienda Terry

Address: 56 Av. between 27 and 29.

Telephone: (43)510770

Hours: Open every day from 9:00

a.m. to 9:00 p.m.

Casa Arco

Address: 54 Av. between 33 and 35.

Telephone: (43)511879

Hours: Open from 9:00 a.m. to 6:00

p.m.

Sundays: 9:00 a.m. - 12:00 pm

CARACOL SHOPS

La Nueva Isla

Address: 54 Av. between 33 Address: Calle 29 and 54 Av.

and 35

Telephone: (43)551243

Hours: From Monday to Saturday: 9:00 am - 7:00 pm, Saturdays from de 9:00 am to

12:00 m

Specialty: Sale of food, meat, candy, ice cream, rum and

El Fundador

Telephone: [43]552134

Hours: Open from 9:00 a.m. a 7:00 p.m. Saturdays: 8:30

a.m. to 12:30 p.m

Specialty: National crafts. souvenirs, Cuban literature, music, Cuban rum, coffee, as

well as cigar cava.

Mercado de Punta Gorda

Address 20 Av. and calle 37 Telephone: (43)661414

Hours: From 10 a.m. to 9:00

p.m (Everyday)

Specialty: Sale of food, meat, candy, ice cream, rum and other drinks, perfumes and

household items







Address: 54 Av. and calle 33. Boulevard

Boulevard

Telephone: (43)552144

Hours: From 9:00 a.m. to 7:00

p.m.

Sundays: 8:30 a.m. a 12:30 p.m. Specialty: Cigars of all kind of Cuban brands and smoker accessories are offered, as well as Cuban rum (Habana Club, Santiago, Santero, Mulata), 100% Cuban coffee (Cubita, Serrano.

Turquino).

OTHERS INTERESTING SERVICES

Police Station (PNR).

Address: 54 Av. between 59 and 61.

Telephone: 106

Immigration office

Address: 46 Av. and calle 29.

Telephone: (43)553644 - (43)554437

Telepunto de ETECSA (internet cards, sale of mobile phones and phone cards)

Address: Calle 31 and 54 Av. Telephone: (43)515253

Hours: 8:30 a.m. - 7:00 p.m. (everyday)

Tele Punto ETECSA Boulevard

Address: 54 Av. between 37 and 35

Telephone: (43)523989

Hours: From 8.30 am to 5.00pm

Centro de negocios

Address: 50 Av. between 35 y 37

Telephone: (43)528000 Hours: 8.30 am - 5.00pm

Post Office (Correos de Cuba

Address: Calle 35 and 56 Telephone: (43)551416

Wifi Areas

To get Internet connection you must go to the WIFI areas of the city:

1.Paseo del Prado entre las Avenida 56

y Av. 46.

2.Boulevard San Fernando

3. Boulevard Santa Isabel

4. Parque Martí

5. Muelle Real

6. Malecón

7. Imago

8. Terminal Ómnibus

9. Parador Circunvalación

10. Aeropuerto

11. Rotonda Punta Gorda

12. Parque Villuendas

13. Hotel Meliá San Carlos

14. Hotel la Unión

COURIEL AND PARCEL

DHL-CUBAPOST. Av. between 35 and 37, Boulevard.

Telephone: (43)516102

Hours: Form Monday to Friday: 8:00 a.m. to 12:00 p.m y 1.00 pm to

4.30pm

Saturdays: 8:00 a.m. – 12:00 p.m.





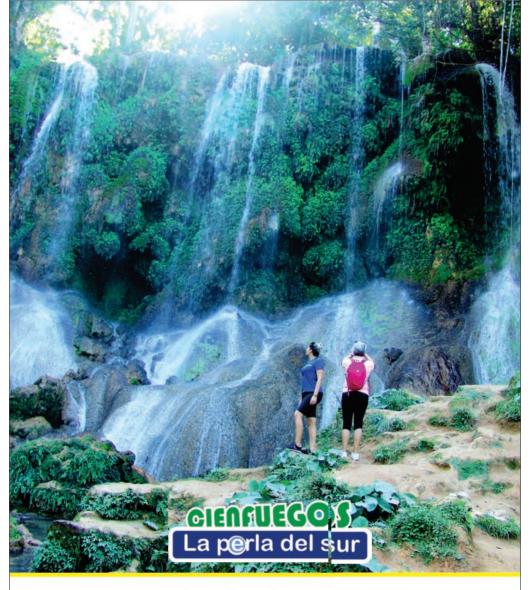


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at your service





TOURIST INFORMATION CENTERS

Infotur Viazul

Address: Calle 49 between 56 and 58. (Bus Station)

Infotur Aeropuerto

Jaime González Airport Carretera a Caonao. Km 3. Cienfuegos





Infotur San Carlos

Address: 56 Av. Nr 3117 between 31 and 33, Cienfuegos. Telephone: (43)514653 E-mail: info@cienfuegos.infotur.tur.cu

Infotur Boulevard

Address: 54 Av. between 29 and 31 Telephone: (43)558840 E-mail: info@cienfuegos.infotur.tur.cu

